

2020 West Coast Premier

Saturday, February 29, 2020

8:00 AM	8:30 AM	Doors Open for athlete registration
8:30 AM	9:00 AM	Session A General Warm Up
9:00 AM	10:30 AM	Session A Level 5 (WP 13U / MXP 13U / WG 13U, 14+) Level 6 (WP 13U / MP 13U / WG 14+)
10:30 AM	10:45 AM	Opening Ceremonies
10:45 AM	11:15 AM	Session B General Warm Up
11:15 AM	1:00 PM	Session B Level 8 (WG 13U Dynamic) Level 9 (WP / MXP Balance & WG Dynamic) Level 10 (WP Balance & WG Dynamic) 11-16 (WP Balance) Jr. Elite 12-18 (WP / MXP Balance & WG Dynamic) Sr. Elite (MXP Balance & WG Dynamic)
1:00 PM	1:15 PM	Session A Awards Ceremony
1:15 PM	1:45 PM	Session C General Warm Up
1:45 PM	2:45 PM	Session C Bronze (Block) Gold (Block) Silver (Block)
2:45 PM	3:15 PM	Session D General Warm Up
3:15 PM	4:45 PM	Session D Level 7 (MXP 14+) Level 8 (WG 14+ Balance & WP 13U, 14+ / MXP 14+ Dynamic) Jr. Elite 12-18 (WG Balance & WP / MXP Dynamic) Sr. Elite (WG Balance & MXP Dynamic)
4:45 PM	5:00 PM	Session C & D Awards Ceremony

Sunday, March 1, 2020

8:00 AM	8:30 AM	Doors Open for athlete registration
8:30 AM	9:00 AM	Session E General Warm Up
9:00 AM	10:15 AM	Session E Level 6 (WP 14+) Level 7 (WP 13U / WG 13U)
10:15 AM	10:30 AM	Opening Ceremonies
10:30 AM	11:00 AM	Session F General Warm Up
11:00 AM	12:15 PM	Session F Level 6 (MXP 14+) Level 8 (WG 13U Balance) Level 9 (WG Balance & WP / MXP Dynamic) Level 10 (WG Balance & WP Dynamic) 11-16 (WP Dynamic)
12:15 PM	12:30 PM	Session E & F Awards Ceremony
12:30 PM	1:00 PM	Session G General Warm Up
1:00 PM	2:00 PM	Session G Level 4 (WP 13U) Level 5 (WP 14+) Level 6 (WG 13U) Level 7 (WP 14+ / WG 14+)
2:00 PM	2:30 PM	Session H General Warm Up
2:30 PM	4:00 PM	Session H Level 7 (MP 13U / MXP 13U) Level 8 (WP 13U, 14+ / MXP 14+ Balance & WG 14+ Dynamic) Jr. Elite 12-18 (WP / MXP / WG Combined) Sr. Elite (MXP / WG Combined)
4:00 PM	4:30 PM	Session G & H Awards Ceremony

The above times are approximate. Sessions may start earlier than anticipated.
Coaches, please have your athletes on site at least 45 minutes prior to scheduled warm-up and award ceremonies.