

# Region 1 Acrobatic Gymnastics

## Rules and Policies

2018/2019



**USA GYMNASTICS**®



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**Introduction**

The purpose of this document shall be to define rules and policies that are specific to the Region 1 Acrobatic Gymnastics program. Text in red are changes from the previous revision.

**Other Documents:**

This document works in conjunction with the following:

**“By Laws of the Western Region Sports Acrobatics Association Inc.”**

**“Specifications for Acrobatic Gymnastics”**

Available through USA Gymnastics

**Section 1: Officers**

The following table details the current officers and Committee Chairs for the Western Region Sports Acrobatics Association, Inc. and Region 1 Program Committee.

<b>Title</b>	<b>Name</b>	<b>Address</b>	<b>Email</b>	<b>Phone</b>
Regional Administrative Committee Chair (RACC)	Bob Meier	422 Blossom Hill Road San Jose, CA 95123	<a href="mailto:bob@atagymnastics.com">bob@atagymnastics.com</a>	408-224-5437 408-701-2581 Fax
Regional Junior Olympic Committee Chair (RJOCC)	Andre Solodar		<a href="mailto:andresolodar@gmail.com">andresolodar@gmail.com</a>	
Regional Technical Committee Chair (RTCC)	Kathie Kanavel		<a href="mailto:kathiekanavel@gmail.com">kathiekanavel@gmail.com</a>	
Regional Judges Coordinator (RJC)	Lori Staff		<a href="mailto:climbthetreetosee@gmail.com">climbthetreetosee@gmail.com</a>	
Regional Athlete Representative (RAR)	Axl Osborne		<a href="mailto:axl@osbornetx.com">axl@osbornetx.com</a>	
Treasurer	Margaret daSilva	19052 Carlton Avenue Castro Valley, CA 94546	<a href="mailto:MickeySew@aol.com">MickeySew@aol.com</a>	510-537-9082
Secretary	Nancy Davis	2158-C Galveston Avenue San Jose, CA 95122	<a href="mailto:coachnld@yahoo.com">coachnld@yahoo.com</a>	408-836-9479

## Section 2: Competition Selection and Meet Director Requirements

### A. Selection of Meet Dates and Hosts

#### Meet Types

- **Established Yearly Local Meets, International or Artistic/TT combined: In Convention Center, Event Center.**
  - Contracts are set with facility and confirmed before fall meeting.
  - Allow host to reserve date in advance by email request to administrative chair– club must send \$250 non-refundable reservation fee with formal submission (proof of contract) and Region 1 Acrobatic Gymnastics Meet Contract Form(last page of this document). Goes against athlete surcharge. First come, First serve for dates. Must attend fall meeting. Check submitted overnight mail.
  - Dates announced to region and website updated.
- **Established Yearly Local Meets in Gyms, Public School Gymnasiums**
  - Contracts are set with facility and confirmed before fall meeting.
  - Allow host to reserve date in advance by email request to administrative chair – club must send \$100 non-refundable reservation fee with formal submission (proof of contract) ) and Region 1 Acrobatic Gymnastics Meet Contract Form(last page of this document). Goes against athlete surcharge. First come, First serve for dates. Must attend fall meeting. Check submitted overnight mail.
  - Dates announced to region and website updated.
- **New Local Meets in Gyms or Public School Gymnasiums**
  - \$100 non-refundable reservation fee with proof of contract submitted at fall meeting. Clubs randomly drawn for dates at fall meeting. Must attend fall meeting.
- **Established Yearly Local Meets in Public School Gymnasiums without contract at Fall meeting.**
  - Once contract is set, allow clubs to send in date and \$100 non-refundable reservation fee with proof of contract. Must attend fall meeting. First come, First serve for remaining dates. Check submitted overnight mail.
- **State Championships:**
  - Location and recommended dates set at Fall meeting based on competing bids.
  - Note: Typically high schools will not set contract before December.
- **Regional Championships:**
  - Hosted by Region 1

Meet dates for State and Regional meets are selected based on the USA Gymnastics-Acrobatic Gymnastics requirements and the announced date for the National Championships. The host teams for State Championships are determined by a bidding process if there are two or more teams requesting to host meet. The winning bid amount is donated to the WSA Travel Fund above and beyond the established meet surcharges. The starting bid for the state championship meet is \$300. Those with contracts will receive priority.

If a meet is cancelled, the date will become available to another club to host on that date if they have attended the fall meeting. Clubs cannot change the date of an existing meet once the date is set.

## B. Meet Fees Structure

Meet entry fee structure for Region 1 meets will be determined at the annual fall regional meeting. These are the current fees. They include the USA Gymnastics-Acrobatic Gymnastics and WSA surcharge fees.

Meet Type	1 <sup>st</sup> Entry	Additional Entry	Meet Surcharge per athlete to WSA/Region 1	Meet Surcharge per athlete to USA Gymnastics
Local Meet	\$70	\$20	\$10	\$5
State Meet	\$95	\$30	\$15	\$6
Regional Meet	\$105	\$30	\$20	\$7

Out of the meet registration fee, the meet surcharge fee to the Western region and USA Gymnastics must be paid per the chart above. Athletes are counted only one time even though they might be in more than one event.

## C. Meet Director Obligations

1. Once the Board of Directors has approved a meet, the meet director must submit a sanction request form to USA Gymnastics' Member Services a minimum of 30 days before the meet date. Events will not be sanctioned without the approval by a majority of the Board members.
2. The meet director must coordinate with the Regional Judging Coordinator directly to arrange for judges and send a meet information packet (indicating dates, times, location, entry deadline, specifications and directions) to him/her. Meet Directors can expect to know from the judging coordinator 50 days out who their Meet Referee will be so these can be listed in the Meet Requirement Timeline on the Online Tariff Sheet Website.
3. The meet director must distribute an event announcement flyer to each invited team at least 45 days before the entry deadline for local meets, 60 days for state meets and 90 days out for regionals. . The entry deadline shall be 4 weeks prior to the competition date. The announcement flyer should indicate the event date, time, location, entry deadline, specifications and directions.
4. After the receipt of registration fees, no refunds will be given within 14 days prior to the meet **for any reason** including medical with the exception of meets requiring prior qualification.
5. An overall schedule of the meet detailing which levels/events compete on which day shall be sent out 14 days prior.
6. A detailed rotation schedule shall be sent out 5 days prior to the meet.
7. Meet Director shall send a listing of pair/groups by club that are registered to the judge's coordinator 14 days out. This will then be sent to the assigned judges to insure the proper tariff sheets are reviewed.
8. The meet director is responsible for insuring that all participating athletes, judges and officials are registered members of USA Gymnastics-Acrobatic Gymnastics. The RACC shall insure the meet director is a member of USA Gymnastics-Acrobatic Gymnastics and has passed the required meet

director's test. It is the responsibility of the meet director, and not the RACC, that the specifications for the ceiling height, floor clearance, etc. be met.

9. The WSA surcharge shall be received in hand by the treasurer 7 days before the competition. The meet director shall then send a meet summary report, meet results (manual score sheets or electronic data) to the RACC within 10 days of the meet conclusion. The WSA surcharge is included in the meet entry fees indicated above and applies only once per athlete, even if entered in multiple events. The meet director is ultimately responsible for delivery of the results and payment, regardless of the internal organization used to host the meet.

### Section 3: Other Special Requirements

- A. The meet director will make an effort to accommodate special circumstances of the athletes, but such accommodation should not affect the meet schedules and awards. It is recommended they be given like medals but will not be given an official place or presented awards on the stand with other athletes. Note to Coaches: Special requests shall not be made for reasons of convenience. Clubs must make sure that their athletes and parents are well aware of the meet dates. A request for religious beliefs, proms and graduations must be made at time of registration.
- B. Athletes outside Region 1 may participate for medals at locals, State and Regionals Championships. Any athletes who are fairly registered and have paid required fees will be allowed to compete equally alongside athletes from region 1 for medals, although they may not take away medals from region 1 athletes. Duplicate awards will be given then. If outside athletes pay region 1 dues they may participate freely within region 1. Competition at regional meets are not intended to be used for qualifying purposes unless there is no qualifying event within their own region. If they do not qualify within their region at a State or Regional championships they may compete for qualification scores only, not for medals. If they have qualified within their own region and wish to compete at region 1 events for the competition experience, they would not be allowed to take medals from region 1 athletes.
- C. 6 days prior to a given meet will be the last day that any changes in registration will be accepted by the meet director. Any changes submitted less than 6 days prior will be subject to the discretion of the meet director and if agreed to, there will be a \$25 change fee and updated changes will appear in the rotations distributed at the competition.
- D. State and Regional Competitions must have facilities that are air conditioned. Ventilation only is not acceptable. Swamp coolers are not acceptable.
- E. All coaches should maintain a team dress code at all competitions. All coaches should wear professional looking team attire while coaching on the floor. (No jeans, cutoffs, hard sole shoes, no high heels, etc.)
- F. If a club registers late, there will be a late fee of \$50.00 per club and a \$10.00 per pair/group fee. If they have already registered and want to add an additional pair/group (late), then the \$10.00 pair/group fee applies.
- G. The meet director will make provisions to accept competition music in an MP3 or WMA format for all region 1 competitions. This is in addition to the requirements outlined in the Acrobatic Gymnastics Program Rules and Policies, Section X, subsection III titled "Music". All MP3 music files from a club may be submitted on a single CD for convenience. The naming convention for the MP3 files will use the competitor group number and the first letter of the exercise (Balance, Dynamic, Combined) followed by the file extension. For example, "118c.mp3" is the combined exercise music for group registered as 118.

- H. Bad Checks: Clubs that issue checks to Judges or WSA that are not honored for any reason will be subject to a \$50 fee to the recipient in addition to the bank fees incurred. Future checks from club may be required to submit cashier's checks as determined by treasurer.
- I. Age Groups: In accordance with the USA Gymnastics R&P rules, Section 8.3, Region 1 will use two age groups for Level 5-8- 13 and under: 14 and over. This applies to Local through Regional Competitions. For Level 9-10 there will be no age groups at Regional Championships. Local through State Competitions will use the 13 and under; 14 and over age groups.

## Section 4: Petitioning Process

All petitions received by the Regional Administrative Committee Chair for local through Regional Competitions must be received before the competition begins.

Petitions must be filled out in accordance with the requirements of the USAG specifications.

## Section 5: International Travel Support

Clubs must have attended the fall meeting by a coach or professional member of the club for international travel funds to be given to traveling athletes in their own club in that season. Funding levels are Age Group @ \$625.00 and Seniors at \$775 for world level events. (Senior Elite athletes having competed at worlds, will have their meet registration fee waived for regional championships). Club meets at \$200 each and USA Gymnastics Team meets \$300 each.

Competing World team members (11-16 to Senior) are expected to compete at State and Regional championships unless World events are within 3 weeks before or after said championships.

## Section 6: Awards

### Club Team Awards

Club Level Team Awards are determined from among all eligible clubs participating at State or Regionals. Awards will be given to the first place for each level.

Level 5, 6, 7, 8, 9, 10, 11-16, 12-18, 13-19 and Senior Elite.

Team awards will be calculated in the order below.

1. Top (all around) score in each competing discipline (WP, MP, MP, WG, MG) is added together to determine places in their respective level (highest total score is 1st place).
2. If no club in a respective level has multiple disciplines then the award is calculated using the top 2 (all-around) scores (including the highest scoring pair/group) added together to determine places. (highest total score is 1st place).
3. If no club in a respective level has 2 disciplines then the award would be given to the club with the highest (all-around) scoring pair/group.

Ties will be broken by giving the award to the club with the top contributing score. All-around for Levels 8 and up and single routine scores for levels 5-7.

## State Awards

Club Team Awards: To be purchased by host of meet. Awards will be banners. Size and artwork to be approved by Regional Administrative Committee.

### **Regional Awards**

Club Team Awards: To be purchased by host of meet. Awards will be trophies. Size and artwork to be approved by Regional Administrative Committee.

The following awards are purchased by the Western Region Sports Acrobatics Association

#### **JO Pair/Group Awards**

These awards are categorized in three level groupings: Level 5-7, Level 8-10. Each club should submit 2 votes and a maximum of 1 vote for your own clubs pair/group if you have one in competition. To make this award significant to the athletes, please involve them in the selection process. Recommend setting up a meeting with your team to get their input as to which pair/group you would like to honor from another club. Regarding a selection of your own teams pair/group, you might want to have your athletes vote using a secret ballot. Please be ready to submit your votes when you arrive at regionals.

#### **11-16 Pair/Group Awards**

See Page 9 and 10

#### **Elite Pair/Group Awards**

See Page 9 and 10

#### **Rookie and JO Coach Awards**

These awards are divided into two, Rookie Coach and Junior Olympic Coach of the Year. Nominations and voting conducted by online ballot prior to Regional Championships from each club who are eligible for junior Olympic or rookie coach of the year.

#### **Elite Coach Awards**

See Page 10 and 11.

#### **Highest Score of the meet awards**

These awards are determined by score alone. These will be given for the following levels: 5,6,7,8, 9, 10, 11-16, Jr. 12-18, Jr. 13-19 and Senior Elite.

#### **Lifetime Achievement Awards**

This award recognizes those that have dedicated themselves to the sport of acrobatic gymnastics. Through their time, resources, talents and love of the sport they have devoted themselves as athletes, coaches, judges and officials. Pins will be given for 3 years, 5 years, 10 years, 15 years and 20 plus years. Years counted are those as an athlete, coach, judge and official while being an acrobatic gymnastics member in USA Gymnastics and previous acro federations. Athletes must have competed at least once at an acro meet during the season to count towards receiving a year towards achievement pin.



<b>Regional Championships Pair/Group Awards</b>				
<b>Award</b>	<b>Award Description</b>	<b>Nomination Criteria (Eligibility)</b>	<b>Selection (Eligible Voters)</b>	<b>Selection Procedures</b>
<b><i>XXXX Region 1 USA Gymnastics Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 5-7</i></b>	Awarded for great achievements in athletic endeavors	All Level 5-7 athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Voting conducted by online ballot prior to Regional Championships. Ties will be broken by highest score at regionals.
<b><i>XXXX Region 1 USA Gymnastics Acrobatic Gymnastics Pair/Group of the Year Junior Olympic Levels 8-10</i></b>	Awarded for great achievements in athletic endeavors	All Level 8-10, athletes competing at Regionals.	2 votes per club. Max 1 pair/group from your own club.	Voting conducted by online ballot prior to Regional Championships. Ties will be broken by highest score at regionals.
<b><i>XXXX Region 1 USA Gymnastics Acrobatic Gymnastics Pair/Group of the Year 11-16 Age Group</i></b>	Awarded for great achievements in athletic endeavors	Awarded based on competition results over the year.		Determined by point system for competitions during the period between last years regionals and current.
<b><i>XXXX Region 1 USA Gymnastics Acrobatic Gymnastics Elite Pair/Group of the Year 12-18, 13-19, Elite</i></b>	Awarded for great achievements in athletic endeavors	Awarded based on competition results over the year.		Determined by point system for competitions during the period between last years regionals and current.

### International Pair/Group Season Point Chart

<i>Competition/Final Placement</i>	<b>1<sup>st</sup> Place</b>	<b>2<sup>nd</sup> Place</b>	<b>3<sup>rd</sup> Place</b>	<b>4<sup>th</sup> Place</b>	<b>5<sup>th</sup> Place</b>	<b>6<sup>th</sup> Place</b>
<i>World Games</i>	50	45	40	30	20	10
<i>World Championships</i>	45	40	35	25	15	5
<i>World Cup</i>	35	30	25	15	10	3
<i>World Age Group Championships</i>	30	25	20	10	5	1
<i>USA Gymnastics National Championships</i>	25	20	15	5	3	0
<i>USA Gymnastics National Team International Competitions</i>	20	15	10	3	1	0
<i>International Club Team (ICT) Competitions</i>	17	12	7	0	0	0
<i>Regional Championships</i>	15	10	5	0	0	0
<i>State Championships</i>	10	5	3	0	0	0
<i>Local Competitions</i>	5	3	1	0	0	0

### International Pair/Group Awards

- Levels: Awards will be given to levels 11-16, Jr. 12-18, Jr. 13-19 and Senior Elite
- Criteria: One overall Pair/group winner will be determined from among all eligible pair/groups participating at Regional or State Championships
- Time Period: Events between the previous years Regional Championships through and including the Current Regional Championships will be used to determine total score
- Winner: Awards will be given to the pair/group with the highest score taking the total of the top 4 events (each groups' 4 highest point values earned during the season).

<b>Regional Championships Coach Awards</b>				
<b>XXXX Region 1 USAG Acrobatic Gymnastics Elite Coach of the Year</b>	Awarded for great achievements in Elite coaching endeavors	. Awarded based on competition results over the year.		Determined by point system for various competitions during the last season. See chart below.
<b>XXXX Region 1 USAG Acrobatic Gymnastics Junior Olympic Coach of the Year</b>	Awarded for great achievements in Junior Olympic coaching endeavors	All coaches with an athlete qualified to the J.O. (Levels 5-10, 11-16) at Regional Championships. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Nominations and voting conducted by online ballot prior to Regional Championships. Each club will be able to vote for 1 candidate
<b>XXXX Region 1 USAG Acrobatic Gymnastics Rookie Coach of the Year</b>	Awarded for great achievements as a rookie coach.	All coaches with athletes who have qualified to Regional Championships for no more than 2 years. Based on his or her performance throughout the season.	Clubs to submit nominations prior to regionals of the coaches from their club who are eligible.	Nominations and voting conducted by online ballot prior to Regional Championships. Each club will be able to vote for 1 candidate

**Elite Coach of the Year will be awarded as follows:**

Coach with the Pair/Group who won the most points in the Season from 12-18, 13-19 and Senior Elite categories will win the award.

<b>Regional Championships Highest Score of the Meet</b>				
<b>Award</b>	<b>Award Description</b>	<b>Nomination Criteria (Eligibility)</b>	<b>Selection (Eligible Voters)</b>	<b>Selection Procedures</b>
<p><i>XXXX Region 1 USAG Acrobatic Gymnastics Highest Score at Regional Championships</i></p> <p><i>Level 5</i></p> <p><i>Level 6</i></p> <p><i>Level 7</i></p> <p><i>Level 8</i></p> <p><i>Level 9</i></p> <p><i>Level 10</i></p> <p><i>11-16</i></p> <p><i>12-18</i></p> <p><i>13-19</i></p> <p><i>Senior Elite</i></p>	<p>Level 5 through Elite pair/group with the highest score at regionals.</p>			<p>Reported by meet director</p>

10 Separate Trophies

# SAMPLE of Club Team Awards for State and Regionals

USA Gymnastics Acrobatic Gymnastics  
XXXX Region 1 Championships or XXXX California State Championships  
Team Award - LEVEL 5, 6,7,8,9,10,11-16 Age Group, Jr Elite 12-18, Jr. Elite 13-9, Senior Elite

## Region 1 Acrobatic Gymnastics Meet Contract Form

Event Director: \_\_\_\_\_

Date of Event: \_\_\_\_\_

Professional Member # \_\_\_\_\_

Name of Event: \_\_\_\_\_

Meet Director test \_\_\_\_\_

Club # and Name \_\_\_\_\_

Site Address: \_\_\_\_\_

Club Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

State and Regional meet facilities must have air conditioning. Ventilation only is not acceptable. Swamp Coolers are not acceptable.

Meet Director phone # \_\_\_\_\_

Meet Director Cell # \_\_\_\_\_

**Note:** This form does not replace the USAG Sanction request form.

I am a professional member in good standing with USA Gymnastics. I agree that the above event will be conducted according to the USA Gymnastic Specifications and the Region 1 Acrobatic Gymnastics Rules and Policies. I thoroughly understand these policies and assume responsibilities for this event and agree to be held accountable for any irregularities that might incur. I also will be financially responsible. I understand that I am ultimately responsible for delivery of the meet surcharge payment to be received in hand by the treasurer 7 days prior to the meet date, regardless of the internal organization used to host the meet. I am responsible to submit the required reservation fee by overnight mail to reserve date. If the meet is not held the club forfeits the reservation fee. If the meet is held, the reservation fee goes towards the athlete entry fee.

Signature of Event Director: \_\_\_\_\_

**WSA/Region 1 Meet Surcharge: Locals \$10 per athlete, State \$15, Regionals \$20**

**USAG Meet Surcharge: Locals \$5 per athlete, State \$6, Regionals \$7**

Please email or fax form to the Regional Administrative Chair. FAX: 408-701-2581

**Bob Meier**  
**422 Blossom Hill Road**  
**San Jose, CA 95123**