

2018 Region 1 Championships

Saturday, May 19, 2018

7:30 AM	7:45 AM	Doors Open for athlete registration
7:45 AM	10:30 AM	Session A General Warm Up on Training Floor
8:15 AM	8:30 AM	Opening Ceremonies
8:30 AM	10:30 AM	Session A Level 8 (WP 13U, 14+ / MXP 13U, 14+ Balance) Level 8 (WG 13U, 14+ Dynamic) Level 9 (WP Balance) 11-16 (WG Dynamic)
10:30 AM	10:40 AM	Academic Scholarships
10:30 AM	12:30 PM	Session B General Warm Up on Training Floor
11:00 AM	12:30 PM	Session B Level 5 (MXP 13U, 14+) Level 7 (MXP 13U, 14+) Level 9 (WG Dynamic) Level 10 (WP Balance & WG Dynamic) 11-16 (WP Balance) Jr. Elite 12-18 (WP / MXP Balance & WG Dynamic) Jr. Elite 13-19 (MXP Balance & WG Dynamic) Sr. Elite (MP / MXP Balance & WG Dynamic)
12:30 PM	12:45 PM	International Travel Awards
12:30 PM	1:50 PM	Session C General Warm Up on Training Floor
12:50 PM	1:50 PM	Session C Blocks (Beginning, Intermediate, Advanced)
1:50 PM	4:35 PM	Session D General Warm Up on Training Floor
2:20 PM	4:35 PM	Session D Level 5 (WP 13U / MP 13U / WG 13U) Level 6 (WP 13U / WG 13U) Level 7 (MP 13U)
4:35 PM	4:50 PM	Session B, C & D Awards Ceremony
4:50 PM	5:00 PM	Lifetime Achievement Awards
5:00 PM	5:30 PM	Elite Practice for Gala on Training Floor

Sunday, May 20, 2018

7:30 AM	7:45 AM	Doors Open for athlete registration
7:45 AM	10:00 AM	Session E General Warm Up on Training Floor
8:15 AM	10:00 AM	Session E Level 5 (MG 13U) Level 6 (WP 14+) Level 7 (WP 13U) Level 9 (WG Balance) Level 10 (WG Balance & WP Dynamic) 11-16 (WP Dynamic) Jr. Elite 12-18 (WG Balance & WP / MXP Dynamic) Jr. Elite 13-19 (WG Balance & MXP Dynamic) Sr. Elite (WG Balance & MP / MXP Dynamic)
10:00 AM	10:15 AM	Session E Awards Ceremony
10:00 AM	12:30 PM	Session F General Warm Up on Training Floor
10:30 AM	12:30 PM	Session F Level 8 (WG 13U, 14+ Balance) Level 8 (WP 13U, 14+ / MXP 13U, 14+ Dynamic) Level 9 (WP Dynamic) 11-16 (WG Balance)
12:30 PM	12:45 PM	Session F Awards Ceremony
12:30 PM	3:15 PM	Session G General Warm Up on Training Floor
1:00 PM	3:15 PM	Session G Level 6 (MXP 13U, 14+) Level 7 (WP 14+ / WG 13U, 14+ / MG 13U) Jr. Elite 12-18 (WP / MXP / WG Combined) Jr. Elite 13-19 (MXP / WG Combined) Sr. Elite (MP / MXP / WG Combined)
3:15 PM	3:45 PM	Session G Awards Ceremony
3:45 PM	3:55 PM	Senior Citizen Elite Routine
3:55 PM	4:00 PM	High Score of the Meet Awards
4:00 PM	4:10 PM	Club Team Awards
4:10 PM	4:20 PM	Pair Group & Coach of the Year Awards
4:20 PM	4:35 PM	Athlete Gala

The above times are approximate. Sessions may start earlier than anticipated.
Coaches, please have your athletes on site at least 45 minutes prior to scheduled warm-up and award ceremonies.