

REGION 1 ACROBATIC GYMNASTICS CLINIC

DATE: January 30,31 2010

PARTICIPATION:

1. Coaches who are ready to move to the next level of coaching with emphasis on upper level skills, and psychological preparation.
2. New clubs/coaches interested in starting an acrobatic gymnastics program. Encouraged to bring at least one pair/group.
3. Athlete Clinic for levels 4-Elite.

SCHEDULE: **Saturday: Level 8 and up athlete**
1:00 PM to 8:00 PM
Dinner will be served.

Sunday: Level 4 through 7 athletes
10:00AM to 5:00PM
Lunch will be served.

CLINICIANS: **Ivaylo Katsov**

Marie Annonson

Linda Meier

Mike Machado

CLINIC SITE: Central Coast Gymnastics
21 Zaca Lane #100
San Luis Obispo, CA 93401

REGISTRATION FEES: Athlete Clinic - \$35 per athlete. Please register online at <http://www3.usa-gymnastics.org/ireg/>. Send registration form and fee to

Bob Meier
422 Blossom Hill Road
San Jose, CA 95123

REGISTRATION: REGISTRATION DEADLINE IS JANUARY 13, 2010

SESSIONS:**ATHLETE CLINIC:**

Designed to support and encourage all levels of athletes and coaches on the journey towards TEAM USA.

COACHES CLINIC:

Presentations will be provided by clinicians on topics helping coaches reach the next level. Courses to be announced soon.

HOST HOTEL:

Courtyard by Marriott San Luis Obispo
1605 Calle Joaquin
San Luis Obispo, CA 93405
Direct: 805.602.9012
Fax: 805.786.4210

Amanda Rodriguez
Sales Manager
Room rate: \$129.00
Cutoff date: January 8th